

Example of integrating therapy services into a preschool schedule*

| Classroom Activity from Teacher's Schedule | ADL and Transitions | Social Participation | Education/Academic | Play/Leisure | Positioning | How therapists may provide: Hands-on with Team Supports (HO/TS) or Team Supports (TS) Services |
|--|----------------------------|-----------------------------|---------------------------|---------------------|--------------------|---|
| Students arrive | x | x | | | | TS: suggest cubby placement and type of hook for hanging up coat, ideas for independent transitions |
| Bathroom/Free choice | x | x | | x | | HO/TS: practice transfers to toilet with paraprofessional helping and using provided adaptive equipment |
| Table work | x | x | x | | | HO/TS: Co-teach and provide manipulatives for one of the activities, provide appropriate equipment |
| Learning Centers (1:1 work) | x | x | x | | | TS: Develop independent activities for center time that incorporate prewriting, sensory exploration of objects, proper positioning, trunk stability, etc. |
| Calendar time (hello song, attendance, calendar, weather, days in school, show 'n tell) | x | x | x | | | HO/TS: Provide positioning or hand-over-hand assistance to gesture to the song or hit a switch to sing the "hello song." |
| Recess | x | | | x | | HO/TS: Teach the child and teacher different ways to get on the swing or climb the jungle gym. |
| Snack/milk | x | x | | | | HO/TS: Work with student on oral motor skills and using a straw TS: provide a special cup/straw to use for drinking. |
| Language activity | x | x | x | | x | HO/TS: provide special markers, pencils and show aide how to use it. TS: Develop a "talking book" for the teacher to use. |
| Ready to go home (e.g., pass out daily reports, sing song, check mailbox, papers in folder, line up) | x | | | | | HO/TS: Assist student to learn how to put on his or her coat with input from teacher, help with transition on/off bus. |

*Adapted From: Frolek Clark, G. (2008). Getting into the collaborative routine. (p. 132). In Hanft & Shepherd, (Eds), *Collaborating for school success: A guide for occupational therapy*. Bethesda: AOTA.

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Adapted From: Swinth, Shepherd & Frolek Clark. **The Nitty Gritty Of School-based Collaboration: What It Is And How To Do It Effectively.** AOTA Institute, Houston TX 4-22-09