



Bridging the Gap

The newsletter of

Regional and Statewide Services for Students with Orthopedic Impairments

VIEW from the BRIDGE

— Diana Roberts

October • 2008

RESOURCES FOR NEW THERAPISTS FROM RSOI

Do you have new OTs or PTs on your staff this fall? Practice in educational settings is different from what many therapists may have experienced in their work in medical settings. Education-based therapy differs from clinical practice in terms of the role of the therapist, the focus of therapy interventions, processes for evaluation, and service model. Therapists are able to make best use of their time and expertise when they are familiar with the responsibilities and the limitations of therapy as a related service. RSOI publishes numerous technical assistance manuals and documents which are intended to assist therapists to better understand their role under IDEA. Each year, RSOI receives requests for these materials for use in induction and orientation of new therapists. The list includes:

- *Physical and Occupational Therapy in Educational Settings (manual and CD of updated appendices), 2001*
- *Feeding Students in Educational Programs: Guidelines and Information for Safe Mealtime Practices for Special Students, 2002*
- *Adapted Physical Education: The Role of Physical and Occupational Therapists in PE for Students with Disabilities, Revised, 2004*
- *OREST: Oregon Regional Eligibility Screening Tool, Revised*
- *RSOI Lending Library Catalog*

These and other materials are available in pdf format on the RSOI website at www.rsoi.org. Contact the RSOI office if you would like to request that print copies be mailed to you. There is no charge for RSOI publications.

New Face at RSOI!

Lesley Steiner, MA, is new with RSOI this fall in the position of OI Specialist, formerly held by Diana Roberts. Lesley has many years of experience in special education as a teacher, project coordinator, job coach and most recently, behavior specialist. Lesley taught in a hospital transition classroom in Utah, working with students with a variety of orthopedic impairments and other conditions. Lesley brings a broad range of valuable skills to her work with RSOI, including team facilitation, grant writing and grief counseling with students and families. Please join us in welcoming Lesley to the RSOI team!



SEMINAR FOR FEEDING TEAMS: DEVELOPING A DISTRICT PROCESS

November 13 & 14, 2008
Holiday Inn, Wilsonville



The Seminar for Feeding Teams is an annual event, hosted by RSOI for the purpose of helping educational programs to develop processes and procedures for addressing the needs of children with feeding challenges. Problems with feeding can create a serious safety risk when school personnel have not received training in how to appropriately feed or manage the eating of children who are affected. Feeding Teams need to understand how to evaluate children at risk for eating at school, and how to develop interventions to address eating

continued on p. 2

Regional and Statewide Services for Students with Orthopedic Impairments • RSOI

1871 NE Stephens • Roseburg, OR 97470 • 541-440-4791 • Fax: 541-957-4808 • www.rsoi.org

Diana Roberts • Coordinator • diana.roberts@douglassesd.k12.or.us • Lesley Steiner • OI Specialist • lesley.steiner@douglassesd.k12.or.us

SEMINAR FOR FEEDING TEAMS: (cont.)

safety. Teams who attend the Seminar receive training in medical, developmental and sensory issues which can interfere with safe feeding in the educational environment. They have the opportunity to network with other educational professionals about feeding, as well as with the clinical providers who see their students in medical settings. Teams are also given the opportunity to analyze their program's processes and procedures, and to work together to make them more effective. This year, the Feeding Seminar will feature presentations from school-based and clinic-based practitioners on a variety of topics related to feeding. Ruth Jones, SLP, with the Southern Oregon ESD in Medford, will present three case studies illustrating the process of referral, evaluation, training and implementation of feeding interventions. Kirti Raol, MSRD, a Registered Dietician with Providence-St. Vincent Medical Center, in Portland, will speak on nutritional issues in feeding children with complex health issues. Breakout discussions will include time for team members to discuss issues of concern with other members of their disciplines, for topical discussion, team reporting and goal-setting. Once again, the Seminar will be in Wilsonville, at the Holiday Inn Express. This year, the Seminar will be earlier than usual, November 13 & 14. Registration materials are included in this newsletter and online at www.rsoi.org.

FEEDING MATERIALS AND CONTACT INFORMATION AVAILABLE ONLINE AT WWW.RSOI.ORG



In preparation for the November Seminar for Feeding Teams, look for the Feeding Resources page on the RSOI website.

The page gives links to contact information for your colleagues in

education-based feeding teams throughout Oregon, and as well as for regional feeding clinics. The manual, "Feeding Students in Educational Programs: Guidelines and Information for Safe Mealtime Practices for Special Students", 2002, may also be accessed from this page. Newly-added are sample forms which may be used as is, or modified for use in feeding assessment and program development. Please contact Diana Roberts, at 541-957-4834 if you would like to recommend forms, documents or links to be added to the Feeding Resources page.

TIES 2008 EXEMPLARY THERAPIST AWARD

Each year, the TIES Conference features an award ceremony to honor therapists working in Oregon educational programs who exemplify excellence in

their work with children, schools and families. This year at TIES, two physical therapists were nominated by their colleagues for the Exemplary Therapist Award. **Theresa Cook, PT**, with Portland Public Schools, and **Mary Ann Oyala, PT**, Northwest Regional ESD, were both commended for their dedication to children, their passionate devotion to their craft, and their expertise in bringing about appropriate and effective services to kids. These two exemplary therapists represent hundreds of OT's and PT's who work hard every day to serve Oregon students. Contact the RSOI office if you would like to nominate a colleague for the Exemplary Therapist Award at TIES, 2009 next April.

TIES 2009 KEYNOTE: ASSESSMENT OF CHILDREN WITH COMMON PEDIATRIC CONDITIONS



Physical Therapist, Michelle

Linehan, will be the featured keynote speaker at the Therapy in Educational Settings Conference (TIES), April 27 & 28, 2009. Michelle has Master's Degrees in both Early Childhood Education and in Physical Therapy. She spent many years as a teacher and school administrator. As a PT specializing in pediatrics, she has extensive experience across a variety of settings, including schools and early childhood programs. Michelle views Evidence Based Practice as a necessary aspect of her clinical practice and continually strives to seek effective ways to provide physical therapy services to all of her patients. Michelle will present on evaluation and interventions for musculoskeletal and movement disorders commonly occurring in the pediatric population. After this day-long session, attendees will be able to: 1) Define and describe five common types of pediatric conditions seen by motor therapists and school personnel, 2) Develop interventions for each of five types of pediatric conditions: children with low tone, high tone, torticollis, balance problems and issues of prematurity, 3) Implement the PIQ-ture assessment tool to complement and complete an evaluation of the young child or student, 4) Examine strategies and effective interventions for each diagnosis applicable in a variety of settings, 5) Develop a personal "resource treasure chest" to assist in ongoing interventions with children, 6) Integrate current research into decision making for the pediatric population, and, 7) Discover the underlying principles used by Leonardo da Vinci to organize and examine information in his world, and learn how to apply it to your profession.

TIES presenter applications are included with this newsletter. Plan now to attend, and perhaps present, at TIES, 2009!

PAIN MANAGEMENT CEU RESOURCES

Under new 2007 legislation, all Oregon OTs and PTs are required to complete 7 hours of Continuing Education in Pain Management by their 2010 license renewal. Senate Bill 879, effective January 2, 2008 as Oregon Revised Statute 409.560 calls for this one time requirement. The requirement has two components:

1. Completion of the online pain management presentation created by the Oregon Pain Management Commission (OPMC), located at www.oregon.gov/dhs/pain/training.shtml.
2. Completion of six (6) additional continuing education hours approved with the proper accreditation required by your licensing board. This may be through conferences, trainings, online courses, etc.



If you are in doubt about the type of accreditation you need for your licensure, visit your licensing board's website. For information about the details of the requirement, see http://www.oregon.gov/DHS/pain/q-a_training.shtml. The following are resources available to help OTs and PTs meet the requirement:

- The OT Licensing Board's website has a page listing information, Q & A, and resources at: <http://www.otlb.state.or.us/OTLB/PainManagementCE.pdf>.
- The Occupational Therapy Association of Oregon (OTAO) fall conference Oct. 24-26, in Salem, will offer several sessions on Pain Management, including a keynote presentation by Joyce Engle, Ph.D., titled, "The Evaluation and Treatment of Chronic Pain in Persons with Disabilities" and a 3 hour session titled, "Relaxation training for Pain Relief in Youths with Disabilities". Registration and conference brochure are available at <http://www.otao.com/>.

Note to Physical Therapists: the OTAO conference is approved by the PT Licensing Board to meet 6 of the required 7 hours, with the remaining hour to be completed via the Pain Commission's online course.

- Portland Community College offers a pain management seminar four times a year. The program is titled "Pain Management for Health Professionals" and will fulfill the six hour portion of the continuing education requirement in approved CEU's. Call (503)977-4933 for more information or visit the PCC website at www.pcc.edu/registration/.
- The Oregon Pain Commissions' website at <http://www.oregon.gov/DHS/pain/events.shtml#ongoing>, lists available trainings on pain management, including online options. For assistance with the Pain Management continuing education requirement or online presentation, contact Jennifer Wagner, at the Oregon State Department of Human Services (DHS), 503-945-7009.

What can an occupational or physical therapist do about pain?

(Adapted from the American Occupational Therapy Association, <http://www.otlb.state.or.us/OTLB/PainManagementCE.pdf>)

- Identify specific activities or behaviors that aggravate pain and suggest alternatives.
- Teach methods for decreasing the frequency and duration of painful episodes.
- Recommend or implement therapy interventions that may decrease dependence on or use of pain medications.
- Facilitate the development of better function for daily activities at school, home or work experience sites.
- Collaborate with the child's health care professionals to determine the best course of treatment and intervention.
- Recommend and teach the child how to use adaptive equipment to decrease pain.



The RSOI newsletter will be issued twice this school year, in October and February, instead of our usual three-per-year format.

Watch for TIES registration materials in our February newsletter. Please check the RSOI website at www.rsoi.org or contact the RSOI office if you have questions about coming events!

Coming Events - 2008-09

Healthy Brain Development: Key Impacts and Interventions • October 22-24 • *Valley River Inn, Eugene*. All three days \$275. Contact www.lanecounty.org/prevention/braindevelopment.



2008 Annual OTAO Conference • October 24-26 • *Salem Conference Center, Salem, OR*. Keynote: Joyce Engle. Contact www.otao.com.

Building Futures: Secondary Transition to College and Employment • October 27-29 • *Embassy Suites, Washington Square, Tigard, OR*. A statewide conference designed for students, families and professionals. Contact www.orpti.org/events.htm.

Communication Strategies for Students who Experience Severe Physical and Multiple Challenges • Nov 7-8 • *Lane ESD, Eugene*. Presenter Linda Burkhardt-\$90. Contact www.lesd.k12.or.us/workshops.

Seminar for Feeding Teams • November 13 & 14 • *Holiday Inn, Wilsonville*. Registration materials in this newsletter and at www.rsoi.org.

How Does Your Engine Run? The Alert Program for Self-Regulation • November 14-15 • *Red Lion Hotel Portland Convention Center*. Presenters, Sherry Shellenberger and Mary Sue Williams. \$295. Required text-\$30. Contact <http://app.e2ma.net/app/view:CampaignPublic>.

Sensory Diet Applications in the Classroom, Clinic, and Home • Jan 16-17, 2009 • *Portland, OR*. Presenter Lise Gerard Faulise, \$425. Contact www.educationresourcesinc.com.

Focus on Feeding, Swallowing, and Respiratory Coordination Function in Children with Neuromotor Impairments • Jan 30 and Feb 1 • *Puyallup, WA*. Presenter Rona Alexander-\$575. Contact www.educationresourcesinc.com.

Annual OPTA Conference • March 13-15 • *Sheraton Portland Airport Hotel, Portland OR*. Contact www.opta.org.

TIES Conference: Therapy in Educational Settings • April 27 & 28 • *Valley River Inn, Eugene*. Keynote presenter: Michelle Linehan, MSPT, PCS, M.Ed., "Getting the PIQ-ture: Assessing and Working with Children with Common Pediatric Conditions." Presenter applications in this newsletter. Registration materials in February at www.rsoi.org.

Multi-Sensory Handwriting Workshop • May 3 • *San Diego, CA*. Presenter Jan Goins-McCleskey. Contact www.FirstStrokesHandwriting.com.

Oregon Disability Mega Conference: Educating, Empowering, Inspiring, Connecting • May 30-31 • *Riverhouse Resort and Conference Center, Bend, OR*. Contact Swindells Center, 503.215.2429.

Linking Play to Function: Using NDT and Sensory Integration Strategies to Facilitate Functional Skills Through Play • June 5-6 • *Renton, WA*. Presenter Lezlie Adler, \$425. Contact <http://www.educationresourcesinc.com>.

Regional and Statewide Services for
Students with Orthopedic Impairments
Douglas ESD
1871 NE Stephens
Roseburg, OR 97470

