

Introduction to the Practice Framework

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Practice Framework

- *The Occupational Therapy Practice Framework: Domain and Process, 2nd edition (Framework-II)* is an official document of the American Occupational Therapy Association (AOTA).
- "The *Framework* was developed to articulate occupational therapy's contribution to promoting the health and participation of people, organizations, and populations through engagement in occupation" (AOTA, 2008, p.625).

American Occupational Therapy Association (2008). Occupational therapy practice framework: Domain and process (2nd ed.). *American Journal of Occupational Therapy*, 62, 625-683.

Occupation

- The profession of OT uses the term *occupation* to capture the breadth and meaning of "everyday activity".
- OT is founded on the understanding that engaging in occupations structure everyday life and contribute to health and well-being.
- Engagement is the focus of OT Tx and addresses the subjective (emotional & psychological) & objective (physically observable) aspects of performance

Domain & Process

Professions Purview
Areas of established
body of knowledge
& expertise

Dynamic process
of the
delivery of service:
-Occupation based
-Client centered

Domain

*Supporting health
&
participation in life
through engagement
in occupation*

Aspects of the Domain

- Areas of Occupation
- Client Factors
- Performance Skills
- Performance Patterns
- Context & Environment
- Activity Demands

Areas of Occupations

- Activities of Daily Living (ADL)
- Instrumental ADL (IADL)
- Rest and Sleep
- Education
- Work
- Play
- Leisure
- Social Participation

Client Factors

Specific abilities, characteristics or beliefs that reside within the client.

- Values
- Beliefs
- Spirituality
- Body Functions (ICF 2001)
- Body structures (ICF 2001)

Performance Skills

Abilities clients demonstrate in the actions they perform

- Sensory-Perceptual Skills
- Motor and Praxis Skills
- Emotional Regulation Skills
- Cognitive Skills
- Communication
- Social Skills

Performance Patterns

- Habits – automatic behaviors, useful, dominating or impoverished
- Routines- sequences of activities that provide structure to daily life.
- Roles – set of behaviors expected by society
- Rituals – Symbolic actions

Activity Demands

- Objects used & their properties
- Space demands
- Social demands
- Sequencing and timing
- Required actions
- Required body functions
- Required body structures

Process

Operationalize expertise to provide services

- Evaluation
- Intervention
- Outcome Monitoring

Process

*Use of occupation
as a means and an end
is unique to
Occupational Therapy*

Evaluation

- Occupational Profile
 - Hx, experience, patterns, interests, values and needs
 - Client centered approach
- Analysis of Occupational Performance
 - Activity analysis
 - Creating goals

Types of Interventions

Skilled actions taken by OT in collaboration with client to facilitate engagement

- Therapeutic use of self
- Therapeutic use of occupations and activities
- Consultation Process
- Education Process
- Advocacy

Therapeutic Use of Occupations and Activities

- Occupation Based intervention
- Purposeful activity
- Preparatory methods

Consider ways in which you can implement the Practice Framework within your setting and be more current in your professional practice.

This is just the first step!

